



8TA: (eigh-ta): definition: as a name it speaks to the practicality and determination to make a success of anything you undertake; possessing the ability to grasp the concept of a goal and to complete it with an understanding of the steps to be taken.

MOVEMENT: (mōvment): definition: an act of changing physical location or position or of having this changed.

General Class Description:

This is your chance to participate in a class like no other. Be prepared to jump, climb, swing and express yourself in a climate that enforces discipline and gives you the technique and ability needed to adapt your mind and body to any extreme environment. Train your body to traverse our triple steps, spider wall, 12 foot trampoline wall, regulation sized warped wall, slackline and more. This unconventional take on fitness and body awareness is not for the faint of heart. Class available for all ages 4 years old and up. Classes are tailored specifically for their target age group.

Levels:

IMPORTANT: All students need to start in a beginning class in order to progress in level.

Beginning: For any student that is new to parkour and/or ninja warrior. Students will learn basic parkour body positions on the floor and trampoline as well as general floor tumbling basics. They will also work on flexibility and conditioning as a tool to help them learn the basics of parkour and ninja warrior.

Intermediate: Students must understand the fundamentals of Parkour and Ninja Warrior taught in our beginning level to progress.

Advanced: After students have completed the intermediate level they may level up to the advanced level with an instructor's permission.

Pricing:

Membership Fee: \$40 per year/per student

Regular Class Pricing (monthly billing cycles)*:

1st Class/Child = \$100
additional hour

2nd Class/Child (Preschool Pricing 1st Class/Child) = \$60

3rd Class/Child (Preschool Pricing 2nd Class/Child) = \$50

Open Gym Pricing:

\$10 for the 1st hour, \$5 for every

(Open Gyms take place every Friday 6-10pm and Saturday 7-11pm.)

Policies:

-All Sign-ups take place online through our online Parent Portal. Go to www.ocalstars.com and click "Enroll Now", select your location (8TA is only currently available at our Foothill Ranch location) and sign-up for our classes, camps, special events, etc.

-All tuition is due on the 1st of the month. Payments may be made online or in person.

-A class must have at least 3 students to begin or continue.

-All classes will carry an 8:1 student:staff ratio.

- Make-up Policy:

- Your account must be up to date to schedule a make-up lesson.

- You may schedule 1 make-up per month, per class.

- All make-up lessons must be schedule after you have missed the class; please contact the Front Desk to schedule.